

Spicy Garlic Green Beans

1/2 cup water
1 pound sliced green beans
2 tablespoons Asian sesame oil
2 clove garlic, minced
Red pepper flakes, to taste

In a skillet, bring water and green beans to a simmer. Cook, uncovered until water evaporates. Drizzle in sesame oil and stir in garlic and red pepper flakes. Toss to coat and cook for 1 minute. Serve hot or cold

Yield: 4 servings

Source: Food Network